

Appropriate CITI Trainings Guide

Basic or Refresher?

The **Basic** course is designed to establish certification and should be taken when:

- No previous CITI training has been completed, or:
- Prior CITI certification has been expired for a period greater than three years

The **Refresher** course is designed to re-establish certification for three years and should be taken when:

- The Basic course of a particular group has already been taken, and:
- Recertification is required, but has not been expired for a period of three or more years

Responsible Conduct of Research (RCR)

Required for some grants or funding opportunities. RCR training alone does not meet the IRB training requirement for Protection of Human Research Subjects. The basic CITI training in protection of human research subjects is still required for IRB submission. Course required based on type of research:

Group 1: Biomedical Research – Investigators conducting research about human biological systems and processes, including efficacy and safety of preventative, diagnostic or therapeutic methods must take this course. Types of research:

- Clinical trial using a drug, medical device, technique or other intervention or strategy (including non-physical means, like diet, cognitive therapy, etc.) to diagnose, treat or otherwise study a particular condition or disease.
- Non-clinical biomedical research to study normal or abnormal physical or physiologic processes (for example: gait and balance testing, biomechanical assessments, etc.).
- Research involving medical records or data registries.
- Research involving human biologic materials.

Group 2: Social & Behavioral – Investigators conducting research performed with intent to study:

- Behaviors, attitudes, and interactions/social processes among and between individuals, groups, and cultures.
- Generally, this category of research has no intent of producing a diagnostic, preventative, or therapeutic benefit to the subject who is not seeking nor expecting a health benefit from the research.